



# How to Assemble Hygiene Kits

**Below are suggestions for items to include in a hygiene kit.  
You can place items in a gallon-size Ziploc bag.**

## **Hygiene Kit Packing List:**

- Soap
- Socks
- Small shampoo & conditioner bottle
- Sunscreen
- Deodorant
- Disposable shaving razor
- Water bottle
- Tuna and crackers
- Granola Bar or cereal bar
- Fruit snack or applesauce cup
- Crackers with peanut butter or cheese
- Gift certificate for fast food
- Hand wipes
- Pack of Kleenex
- Maxi pads
- Toothbrush and toothpaste
- Nail clippers
- Band Aids
- Chapstick
- Comb or small brush
- Mints or gum
- Note of encouragement or uplifting Bible verse

Once completed, the hygiene kits can be dropped off at the Kingdom Causes Bellflower office located at 16429 Bellflower Blvd., Bellflower, CA 90706.